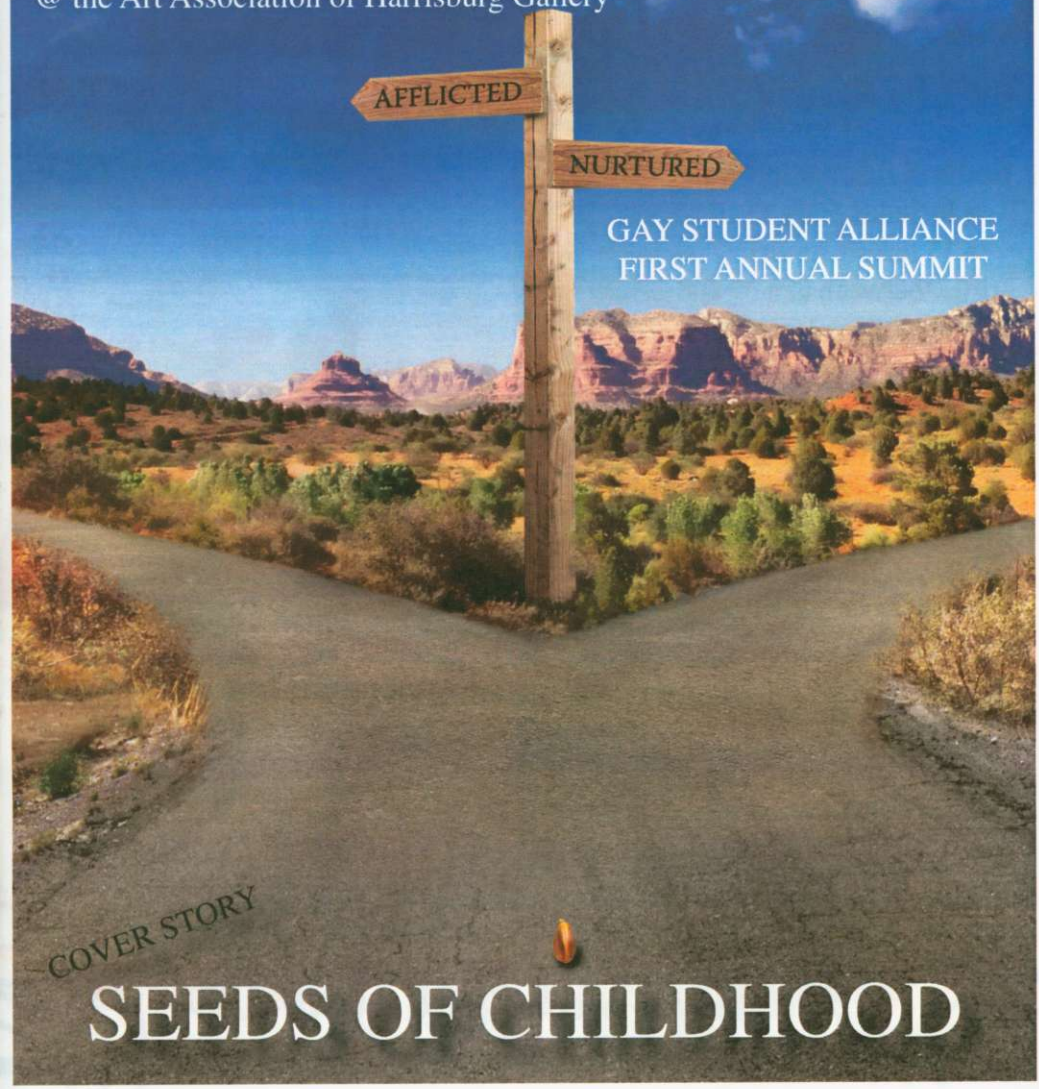
March 5th, 2008 / Issue: 19

PANZEE Press

Panzee Hosts the Central Pennsylvania Gay & Lesbian Chamber of Commerce @ the Art Association of Harrisburg Gallery



GAY STUDENT ALLIANCE FIRST ANNUAL SUMMIT

COVER STORY

SEEDS OF CHILDHOOD

PRIDE FEST OF CENTRAL PENNSYLVANIA

MCC of the Spirit

TRICKY TRAY / BASKET AUCTION

MCC
METROPOLITAN COMMUNITY CHURCH OF THE SPIRIT

Liquid 891

Sat., March 8th, 2008
At Liquid 891

891 Eisenhower Blvd.
Harrisburg, PA

Silent Witness

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General Admission tickets $10

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- **9:30 am Breakfast Buffet**
- **Starter Packet of tickets***
- **Table Seating**

Bidding ends at 12:00 NOON!

No Smoking or Alcohol Please!

Proceeds to be split 50/50 by Central Pride Fest and MCC of the Spirit.

Thank you to Liquid 891 for the Donation of their Space, Food and Service!

*Items of higher value will require additional tickets at a slightly higher cost.

www.HarrisburgPride.org

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the Foundation for Enhancing Communities

Pride Festival of Central Pennsylvania, a project of the Foundation for Enhancing Communities, fiscal sponsor

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CENTRAL PENNSYLVANIA GAY AND LESBIAN CHAMBER OF COMMERCE

MEMBER

Panzee Hosts:
Central PA Gay & Lesbian Chamber of Commerce Mixer

Location:
Art Association of Harrisburg (AAH)
21 N. Front St.
Harrisburg, PA

AAH: 717-236-1432
ArtAssocOfHbg.com

March 12th 6:00 pm – 8:00 pm

Panzee will introduce:
"YOU CAN'T SAY NO"
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PanzeePress.com

Chamber: (717) 213-5034
CPGLCC.org

PANZEE Press LLC

••••STAR POEM••••

That Old Man

By Larry H. Bange

The old man is there, sitting in his chair,
Barely able to sit erect without holding on.
He seems to look, but it's only a stare,
He doesn't realize the hour is only dawn.

His hands shake as he takes a drink,
Spilling more on himself than what he consumes. Oblivious to his mess, his eyes never blink, He becomes motionless, like mummies lying in their tombs.

His hair is almost gone now, without even a part, Like a few blades of grass covered with frost. His cat running around, upsets the TV cart, But the old man never hears, for even his hearing is lost.

For him, time goes by plagued with nature's aging whip, While he is saddled with all too many heartaches that coexist. His grasp on life, the life he once had, has lost its grip, For no longer can he show his desire for his life to exist.

Slowly he gets out of the chair, nearly falling to the floor, Then turning himself slightly, he grabs his cane. Unsteadily, he makes his way to the bathroom door, Then he enters in, staring as though he's insane.

He's looking in the mirror and for a moment in time, A tear flowing down his cheek, is all he can see. Then reality kicks in, with age as his crime, For that old man standing before him... really is me.

Letters to the Editor

Hey Bolton, we received your Panzees at the [Baltimore] Eagle and they went over pretty well. The only thing I heard that was kind of negative is that they were like "Wow, great calendar" but said it was kind of intimidating to read. I was thinking a regular calendar looking format with your events inside the squares might be easier to look at. Just two cents.

-Derick Rojas

Thank you, Boy Derick, and of course thank you for your cover story last issue. Panzee has attempted many different formats for the calendar, including the one you suggest. We struggle with weekly events vs. one-time events as well as white space (costly empty areas) on the page. Check out PanzeePress.com to see older methods we used for the Calendar. You can also see the Panzee Calendar into the distant future. I'm glad to hear we're being read in Baltimore!

-Bolton

I pick up your publication when I see a new one. You're doing a great job. Keep it up!

-Shawn Conran

Thank you for Panzee Press, we have been putting it out in our foyer. You have done a good job with the publication!

-Thanks and peace,
Elizabeth Goudy
(Pastor, MCCLV)

We have the Panzees prominently displayed at the Club and people are picking them up... much more than [other publications]. I think they are easier to handle and put into their pockets, etc., so they take them. It's difficult to sit at a crowded bar and read a newspaper, but Panzee is the perfect size. Good choice.

-Dale Wagner co-owner, Club Z

Common Roads' First Annual Gay-Straight Alliance Summit

Central Dauphin East High School GSA Back: Co-Advisor Kristie Markel, Samantha, Vince, Chelsea, Nia, Kyleigh, Bianca, Erick Front: Christi, Matt, Carrie, Haley

The Gay-Straight Alliance (GSA) of Central Dauphin East High School was one of many high school and college groups attending the first annual Common Roads' GSA Leadership Summit held in the Wildwood Conference Center of HACC on Friday, February 29th. During lunch, Nia Clark discussed with her peers various experiences and eye opening things she learned in the morning. She told Panzee she was most surprised by how difficult it was for some high schools to start a GSA. At Central Dauphin East, it was easy. Other students added how diverse CD East is with ethnic backgrounds and supposed this is the reason a GSA came relatively easy in their environment.

The summit's keynote speaker, Terri Houston, gave an energetic and inspiring speech to the youth groups. She didn't accept the microphone, and instead paced through the crowd more flamboyant and animated then these kids have seen in any cartoon, or video game. She told how today's society was suffering from stagnant constipation when considering sexual minorities. "It is up to you," Terri emphasized, as she pointed out or grabbed several youths one by one, "to decide what you think of yourself. Don't let others tell you that you don't count." She quoted lyrics from Michael Jackson, "I'm starting with the man in the mirror... Take a look at yourself, and then make a change."

The panel for the workshop Religion & Sexuality consisted of (back:) Rev. Jim Brown, Rev. Eva O'Diam, (front): Mykal Slack, Rabbi Carl Choper, Sensei Tony Stultz.

Many workshops were held through the day, often forcing attendees to choose between informative topics. While 75-80 were initially expected, 120 pre-registered.

In summary, Michelle Simmons, Executive Directory of Common Roads, noted: "I was so impressed with the strength and enthusiasm of the students here today, and the dedication of their advisers. This summit was a great opportunity for all of us to get together, and I'm looking forward to building on the momentum we created here today."

Are Childhood Seeds Planted For Life?

By Larry Bange

It is a known fact that for a plant to grow and mature, seeds have to be planted first so the roots can sprout, and they ultimately turn into growth for the plant itself. We also know it is not only the seed itself that is needed for development, but the nutriments within the soil, the water necessary to germinate the seed, and whatever sunlight necessary for the specific plant as well. So why is it then that the saying, "We reap what we sow," is not normally related to the crops that we actually plant, but to our lives as human beings?

There are a multitude of theories already expressed which, perhaps for some, define the answer to that very question. Many of them begin with the impact of a child's upbringing and how that sets the stage for the rest of that person's life. Are we all a product of our childhood environment, and even more importantly, can we change it?

Some child psychologists imply that what develops in childhood, environmentally, emotionally, physically and mentally, will, by its nature, likely define a pre-destined path for life. There have been case studies that take it even further, suggesting that a child who is raped becomes a rapist, one that is brutally treated grows up to be a brutal individual, or one from a very dysfunctional household becomes dysfunctional, and the list goes on from there. For those who do not become a replica of their childhood, as an adult, it is suggested that they become withdrawn and not a productive, socially interacting member of society. Always the conclusion implies the same end result: an abused child will be a scarred person for life.

We all know there are adults complaining that all of their problems are because of what occurred during their childhood, and have that "woe is me" attitude. Some even take it to a level of how life "owes" them for what they have been through. Such individuals would seem to support the previous psychological findings. Well, I disagree, and whole-heartedly so.

I agree that a child who has to endure horrific ordeals will have problems of some form. Anyone who thinks otherwise would be misguided at best. However, as with all things in life, we all do have a choice. For those of us who went through that childhood hell, we can, as adults, choose to live in our misery stemming from what we endured, or we can realize that life is what you make it.

I would agree that, yes, the seed may have been planted during childhood. However, I strongly believe in cross-pollination. You can add those special positive nutriments of life, much as one might do with Miracle-Gro for plants. The roots become stronger and the plant blossoms beyond what normally would be expected. The same holds true, I think, for life itself.

For someone who went through hell and back several times over as a child, I do not define myself with, and hopefully never project, that "woe is me" attitude. I was in foster homes for nine years; locked out in the cold, wearing only underwear, at age four, most times needing to find my own shelter and food out of a dog dish, or wherever. I was told by teachers and classmates that I was worse than dirt; not even my parents wanted me. I was repeatedly raped and physically abused; locked in a buffet for hours at a time. I even had a death threat by my father. The bottom line is, "Who care?" That was many decades ago, and is in the past.

To say my childhood was difficult would be an understatement at best. Yes, such experiences can and will cause emotional problems, scars, and more; however, once we become adults and out of that environment, it then becomes our choice as to what to do with that freedom, whether to live in the past and be miserable, or to move forward. Regardless of how difficult and painful it was, I chose the latter.

So, I truly do understand how one could have that "woe is me" attitude due to childhood experiences; however, I also find it a useless waste of life. For those of us who have "been there and done that," we have to focus not on what we had to endure, but on how lucky we were to survive – many don't.

Such things, of course, result in those emotional and mental scars; however, there is nothing that cannot be overcome, eventually. It is likely we will not forget, and probably better that we don't. It is those memories that help us ensure that we never fall into the trap of being just another replica link in that never-ending cycle of destructive behavior.

I also believe we can take those horrific experiences, learn from them, and then turn

"I now look at my upbringing, or lack thereof, as a gift of sorts"

the tables and use that knowledge for good in helping others. I now look at my upbringing, or lack thereof, as a gift of sorts. With that said, I am not suggesting, nor implying, that any child should ever have to go through what others and I have. What I am suggesting is that you can take those experiences and utilize the knowledge from them to help others, just like one who is a cancer survivor is more likely to be able to help someone just diagnosed with cancer than a counselor that has never experienced it. It is that "How did you get through it?" that makes the difference.

Obviously for some, they need to remove themselves entirely, and therefore utilize whatever talent and gifts they have in other ways. The key is to find out what works for them individually, and then pursue it, growing beyond the misery of the early years.

For me, once I dealt with the hurting inner-me and got beyond that, I was fortunate enough to become a counselor for others. Since I had the experiences I did, my counsel was never based upon some textbook theory – it was based upon reality of what happens in life, the "school of hard knocks." No one really knows unless they have been through the experience, me included.

While counseling others, I was told many times, "You just don't understand what I have been through," which was the same comment they made to any other counselor to whom they may have been. The difference was I had, in almost every case, experienced at least some form of their past; therefore, I was able at times to give them the hope, albeit perhaps initially a tiny bit of hope, that they too could rise above the past.

The main point is that regardless of what seed was planted as a child, or what level of horrific experiences were endured, we can change the outcome. It is within each of us to have the power and ability to change the pattern, break the mold of that destructive link, and move on way beyond what would otherwise be considered the inevitable.

I am a strong willed and inner fighter, and I decided years ago I would not settle to be the product of my childhood environment. Nor should anyone else. In those years that I counseled others, it was difficult at best to revisit many of the scenes I lived through, again and again, through others' ordeals. There were, of course, exceptions to matched experiences.

I had a number of female clients who were totally emotionally and mentally distraught adults, who were still living in the horrors of their upbringing. It was difficult to hear them describe the details of how their father, brother or uncle raped them, and repeatedly so. How does one really respond? There is no quick fix. Obviously, as a male, I could not correlate specifically to females being raped, although being raped as a child myself I did have some level of understanding. Sometimes just sharing similar experiences does help to make the person feel that they are not the only one; they are not alone. Then you begin to build a foundation of trust and can go from there. It was a long hard battle for them, with countless hours of counseling, but one did overcome completely and switched her career and began working at a rape center. She still works there to this day.

The real factor at play here is to not get swallowed up in those memories, whatever they are. Remember them, yes, but do not wallow in self pity, to the point of being unable to function and move on. Learn how to overcome the hurt, anger, and pain within you, and then move on through whatever natural development for which you were really destined. We have to realize that, of course, any seed sown as a child cannot be unsown; however, the roots of that seed can be snipped off at the ends and the dirt loosened around the roots to stimulate growth, much as one would do when transplanting a plant. It is not easy, but then rarely are worthwhile things

easy to achieve.

There are many cases of success and failure in that progression; unfortunately too many of the latter. If just one individual succeeds, the efforts are worthwhile. I had a friend who was a licensed psychologist who knew of my counseling sideline, so to speak. He knew of layman successes, (although he never quite understood why), and called me one day to consider seeing one of his clients whom he was unable to help after a year of sessions. Even though it was completely unethical from a professional standpoint, he thought anything that may help would be better than the likely outcome otherwise. Obviously he could not share any information, but said he would refer him to me. I agreed.

The client, although leery at first, did see me. He was a suicidal teenager. He was from a broken home, and, as in many such cases, he felt somehow responsible for it. He simply could not get over that guilt, and even worse, now felt unwanted by both parents. He felt that he was in the way. It took a long while for him to become stable, but he too became a success story. He moved in with his grandmother, since neither parent wanted him (he was correct in that feeling). He became an honor roll student again, graduated at the top of his class, and went on to college. That success didn't come easy, but then it never does.

"You cannot hide the past, but you do not have to live in it either"

As a beaten child I know that all too well. And no, I am not talking about the spankings children may need, but those physically brutal beatings, where the bruises and lumps on your face are so bad you are kept home from school for weeks at a time until they disappear. Or those bleeding whelps on the back, buttocks and legs, whether received as a youngster or a teenager. In my case, both. There is no real quick answer to help those who have gone through it. You simply have to get beyond all that. The one thing I always stressed was to never forget. You cannot hide the past, but you do not have to live in it either. Not forgetting helps to groom you to be able to have compassion for those others who have gone through it too.

Sometimes the memories themselves can be difficult to recap, but it is nevertheless part of the process of getting past it. One of the worst situations to deal with, I think, is when there was a murder, or even the threat of one, in the family by a family member. One client I dealt with told me he saw his mother shoot his father. How can one possibly state anything that can help? That is not just a seed, but an abnormal destructive action of life, in which there is no potential to change the ultimate conclusion. It's done. Even worse, the memory itself is a visual one, the worst to endure.

I fortunately did not have the experience of an actual murder before me. I was lucky in comparison, at least regarding the visual memory. One night, several years after getting back with my parents, when I was a teenager, my father threatened to kill my mother, brother, sister and me. He ran out the door with rifles in hand, jumping in his car, tearing out of the driveway after us. We were in mom's car, hoping to reach the police station before he caught up with us. Obviously we made it. The terror a child, teenager or not, feels, looking back at the car behind them, not knowing whether to duck, jump out of the car, or what, and knowing it is their father in that car, is indescribable.

Many of us have had horrible childhoods, and many superseded my terror, by far, in that poorly seeded and fed childhood. Though it isn't about whose was worst, it isn't about getting pity or giving it, it isn't about feeling sorry or expressing it; it is only about overcoming that past in spite of all the odds.

Yes, a seed may have been planted. Yes, perhaps that seed was lacking in nutriments, and certainly the wrong nutriments when they

existed; with little water and little sunlight. As an adult, that can be changed, and blossoming into the real person we were meant to be can be done. It's hard work, requiring a fight within you. Nevertheless, those expected outcomes of the bad seeds planted do not necessarily mean the result has to fit within the mold, becoming that product of the environment. Let's all strive for planting those positive seeds in life.

Ben, Rich, Daniel

Glenda

Ben Dover

Dwane, Christy

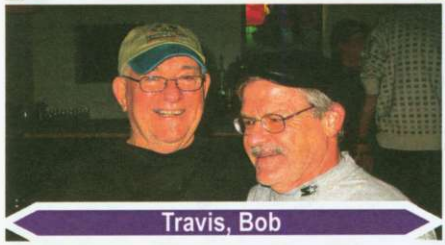
Whitley

Mike, Geri

Glenda, Mike

Jason, Jess

Ria LaRue



Travis, Bob

Kincade Daniels Entertainment held its show, "Divas of D'Illusion," at the Red Star in Reading on February 23rd. Chiefs from Miss Drag All-Star and Panzee Press were on hand to announced their partnership in support and cross-promotion.

Panzee Press congratulates the All-Star team for a great start in pageant preparation. Those divas certainly work hard and know how to entertain a crowd. Panzee is proud to have our name next to Miss Drag All-Star as we both continue in our first year of expansion.

Photos by: Jason Roth-Kincade & Syrena Daniels

The Body Impolitic

By Cecil J. Brooks

"All politics is local," said the late lamented Tip O'Neill of Boston, erstwhile Speaker of the House of Representatives. "The personal is political," has long been a rallying cry of feminists and other champions of the politics of identity and resentment.

According to Merriam-Webster's most excellent unabridged dictionary, the phrase *the body politic* means "the whole people organized and united under a single political authority: a politically organized society : STATE." In a moment of asocial and rather puerile whimsy, I chose "The Body Impolitic" as the title for this column; *impolitic* meaning, according to the scholars of Springfield, Massachusetts, "not politic: contrary to or lacking in policy: UNWISE, INEXPEDIENT." Works for me.

My earliest memory of political awareness is preternaturally clear. I'd been through the duck and cover drill in grammar school. Really. We lived on Lake Winnipesaukee in New Hampshire. I was six years old, sitting between my mother, who was ironing, and my brother, who was making or repairing something (as he's probably doing right now, fifty years later). We were watching a fuzzy image of Nikita Khrushchev, on our second-hand 10-inch black-and-white television, addressing the United Nations General Assembly about disarmament. I asked, "Does he mean that they'll put down their guns if we put down ours?" My brother, 7 years older than I, said in surprise, "You get this?" and my mother said, "I guess so." "Hunh," I said, "He must think we're pretty stupid!" I pictured the Russians as living somewhere to the north of the lake, because I'd been told the missiles would be coming from over the North Pole where I knew Santa Claus didn't live. All politics is local.

Two years later we lived in western Massachusetts in another New England village. I was for Richard Nixon simply because I'd been excited seeing the Republican Convention on the same old TV, but when I learned that Laurie Morse, the pretty blond girl who sat behind me in third grade, was for Jack Kennedy, I switched parties with no more conscience than a politician. The personal is political.

That 10-inch tube lasted just long enough for me to watch Kennedy's inauguration with it's stirring "ask not" and "fight any foe" and "torch passed to a new generation." Then the picture was reduced to a single green dot in the middle of a black screen as the best and the brightest careened from disaster to catastrophe to tragedy, the true facts and full import gradually unfolding over the coming decades: the narrow vote count and the cartons of uncounted ballots in Chicago; the Bay of Pigs—Kennedy pulled promised air cover at the eleventh hour and the invaders were slaughtered on the beach; the Missile Crisis—brinkmanship brought the world to the edge of nuclear war, when the Russians had merely installed missiles in Cuba in response to Kennedy putting missiles in Turkey: Khrushchev backed down and saved the world, and paid the personal political price—that was a profile in courage; the gradual escalation of the "police action" in Vietnam; the assassinations of Diem in Vietnam and what'sisname in South America, and the farcical attempts on Castro; Marilyn Monroe; The Mafia moll; Dallas, Texas. It was a busy 1,037 days.

When told by Lloyd Bentsen, "Senator, you're no Jack Kennedy," Dan Quale acted like he'd been slapped in the face with a salted cod instead of taking it as a compliment. Bill Clinton famously tried on the emperor's mantle of Jack Kennedy and the Secret Service once again lived up to its name and expedited presidential adultery. And fans of Barak Obama want him to audition for Camelot? No, god, NO! He can do better than that.

Lancaster PRIDE 2008

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Buchanan Park

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PO Box 7263, Lancaster, PA 17604-7263
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Art Association of Harrisburg

By Carrie Wissler-Thomas

ART ASSOCIATION OFFERS ARTISTIC DIVERSITY IN COMMUNITY EXHIBITIONS

Most area art lovers are familiar with the exhibitions presented monthly in the Art Association of Harrisburg galleries at 21 North Front Street, across from Riverfront Park. How many, however, are aware of the eclectic exhibitions mounted on a rotating basis in six locations in the community? These "AAH Community Exhibitions" offer artists an additional venue in which to display their work, and they bring fine art into the workplace for people to enjoy.

Artist: Nataki McNeal

Over the past twenty years, AAH has mounted Community Exhibitions in many different locations, from law firms, to retirement homes, to institutions of higher learning. The six current locations include Highmark in Camp Hill, Penn State Harrisburg's Provost's Hallway, Reservoir Mansion, The Downtown Improvement District Visitors' Centre, Penn National Insurance, and Dauphin County Courthouse Register of Wills/Recorder of Deeds Offices. Once a year, AAH also presents an exhibition at Whitaker Centre as well. The other six locations have rotating shows that change every three months, and all but Highmark are open to the public.

At Reservoir Mansion, 100 Concert Drive, Harrisburg, artists of the Inmate Art Program of the State Correctional Institution of Camp Hill are exhibiting their paintings and drawings for the 16th Annual Black History Exhibition through March 31. Their instructor Lois Jones, an artist herself and a former junior high art teacher, brings out the creativity of these artists, who are not only very talented, but make their art under the most restrictive circumstances Jones explains that her students are denied the use of oils and many other materials other artists "on the outside" take for granted. Working in acrylics and pencil, the inmates created powerful portraits of Muhammad Ali, Whoopi Goldberg, African women, Jay Z, and Ice Cube. Jones says that the art gives her students a tremendous outlet in an otherwise bleak life behind bars. The Mansion is open Monday through Friday, 9 to 5, so stop in to see some remarkable work!

Rizwana Sohail Riarh, born in Hyderbad, Pakistan, is exhibiting her intricately-composed drawings at Penn State Harrisburg with her friend Sarah Anne Frotscher, who was born in Columbus, Georgia, and is a print-maker. The show "Two Women, Two Cultures," which will remain on view through March 31, is a visual feast of the artists' amazing works. Riarh, who holds her MFA from the National School of Arts in Lahore, Pakistan, addresses the human figure in natural and abstract environments in both etchings and drawings. Frotscher holds her BFA and MFA from Penn State and also studied print making at Slade school of Art in London. She employs the intaglio process in her etchings, which reflect surrounding landscapes and her Amish neighbors.

Plein air landscape painter Richard Neff is exhibiting his work in the lobby of Penn National Insurance, 2 North Second Street in Harrisburg, through April 30. AAH Watercolour Instructor Richard Michaelian is showing his landscapes in the Recorder of Deeds, Register of Wills offices in Dauphin County Courthouse through April 30, while Elaine Brady Smith's collages are on view at Highmark in Camp Hill. The Visitors Centre, 22 N. Second in Harrisburg has a variety of works on view by AAH members, as a sort of "outreach" of the AAH Sales Gallery.

Call the Art Association at 717-236-1432 for more information on all these varied exhibitions, and visit the website at www.artassocofhbg.com to see what else is going on!

Dick Neff of Penn National Insurance

Living Positive

by Christopher J. Kupchik
Executive Director, Caring Communities For AIDS

Someone recently sent me a copy of the Center for Disease Control's (CDC) Influenza Summary Update for the week ending February 16, 2008. It shows a map of the United States with every state except Florida colored in a lovely shade of brown, indicating that there is widespread influenza activity. Florida, it turns out, has only regional influenza outbreaks as of this date. So, go ahead – try to hide from it. Nearly any direction you turn this year, the flu will be there to greet you. It goes without saying that this could mean big problems for people with HIV.

If you live with HIV, it is essential that you speak to your doctor about flu/colds and how you can remain healthy during flu/cold season. In the interest of full disclosure, I am not a physician or medical professional. Only physicians and other medical professionals may diagnose and treat specific medical conditions. I offer this information to you simply as a guide and none of this information is a substitute for sound medical advice from a qualified medical professional. Now that the air has been cleared so-to-speak, let's continue.

As you may know, having HIV/AIDS can make it very difficult to fight off colds and the flu. Some basic information that may be of help to you includes understanding the difference between a cold and the flu.

According to thebody.com, a cold may be characterized by a sore throat, stuffy nose and overall congestion. Colds might also cause sneezing and coughing and typically only last a few days. Speak to you doctor about ways to deal with colds.

The flu, however, can cause fevers, aches, and the chills and can last for one to two weeks or longer. Symptoms such as these tend to creep up on you rather suddenly. One telltale sign that you may have the flu is if you experience high fever. High fever, according to webmd.com, is a fever over 102 degrees. If you experience any of these symptoms, contact your doctor without delay.

If you get the flu, be sure to keep a few things in mind. First, according to webmd.com, drink as many fluids as possible and rest often so your body can recover. Webmd.com also suggests eating small meals if possible even if you don't feel much like eating. The thinking behind this suggestion is that small meals may actually stimulate your appetite and allow you to eat more food to help your body in the recovery process.

Of course, there are a variety of over-the-counter medications available to treat the symptoms of the flu. These medications may not vacate the flu from your body altogether, but they may help to make you feel at least a little better. Some of the meds even tout that they may be able to reduce the number of days you have to suffer. Speak to your doctor and/or pharmacist about what over-the-counter medications are best for you.

Perhaps one of the best ways to combat the flu is to not get it in the first place. This might be easier said than done, but it is certainly worth a try. According to the Center for Disease Control (CDC), certain groups of people in the country are recommended for getting a flu shot each year. These groups include people with HIV/AIDS because the flu may very well cause significant medical illness for these people. Your doctor can give you a flu shot each year if you desire one. Some people with HIV also have members of their family get vaccinated as well to help prevent spreading it to one another.

According to webmd.com, other steps that you may consider taking to help prevent getting sick with the flu include using good hygiene. Also, avoid rubbing your eyes or mouth after touching surfaces and consider using an antibacterial solution to cleanse areas commonly used by many people in your home. For example, clean the computer, telephone and doorknobs with such a solution to help reduce your risk of contracting the flu.

Coming down with the flu is certainly no picnic. If you've ever suffered the wrath of influenza, then you know all too well that it could mean a week or two or longer of miserable suffering. Of course, if you have HIV and get the flu, things could be a lot worse. The trick is to keep one step ahead of the flu if you can. Do all you can to avoid the coughers and sneezers in society, wash your hands often and speak to you doctor about the flu. Come flu season, you may just be very grateful that you did.

GLBT Youth to attend **True Colors Conference**

Youth from Common Roads, THE CURVE, and the GLASS club at William Penn High School are planning to attend the True Colors National Youth Leadership Conference at the University of Connecticut this March. This is the 15th anniversary of the True Colors Conference, which is the largest sex and gender minority youth conference in the nation. The theme for the conference is Global Perspective, and UCONN's African American; Asian American; Puerto Rican/Latino, International Affairs; Rainbow Center and Women's Cultural Centers will be hosting a number of activities featuring their unique perspectives on GLBT lives and experiences.

According to GLASS club president, Daniella Volker, "The conference is a great tool for LGBTQQ youth, as well as a great experience. It helps us to really see it from all perspectives, and is, in my opinion, one of the only places where we can truly be ourselves. I loved it last year. It helped me come out. I recommend it for all GLBTQQ youth." This will be the club's third trip to True Colors.

For Common Roads, this will be the fourth trek to Connecticut for the conference. "Every year our youth return from the conference energized by the excellent workshops and welcoming climate. For many of them, this is the first time they've been exposed to such positive reinforcement. They learn so many things about themselves and meet so many LGBTQQ youth from other walks of life—for them, it is a truly transformative experience." says Michelle Simmons, Executive Director.

For the CURVE group at Planned Parenthood in York, this will be the first trip with youth. Program director, Debbie Gable, attended the conference on her own last year. In her words, "True Colors offers a wonderful opportunity to come together in an environment of acceptance and celebration. The workshops offer an incredible amount of information on important topics like healthy relationships and advocating for your rights. Plus it's a lot of fun!"

All three organizations are joined together for a community night fund raiser with Isaac's Restaurant and Deli on March 4. They are in three different locations: Whiteford Rd. in York (near the Galleria), White St. in West York (off of Carlisle St.), and Paxton St. in Harrisburg (behind the Bass Pro Shop). All proceeds will go directly to transportation and lodging costs associated with attending the conference. If you missed the community night and would like to contribute, donations will be gladly accepted by Common Roads, 221 N Front St., Hbg, PA 17101 or THE CURVE, PO Box 1469, York, PA 17405.

"Lea"

in concert

hosted by New Light MCC

Lea is turning heads in the songwriting world. The Washington Area Music Association has nominated her for 5 Wammy awards in contemporary folk music, and she recently completed a prestigious Artist in Residence program at the Music center at Strathmore center (Bethesda, MD).

On her most recent CD, *Great Big World*, Lea's great big voice, tasteful arrangements, and superb production take their place beside great singer/songwriters in contemporary folk.

This emerging young artist inherited her passion for music from her father, who traveled the world, playing trumpet with the 70's soul band, Black Heat, as well as her mother, who taught her to sing from her soul by initiating her, at age 8, into the Jones Family Gospel singers.

LEA has performed a variety of venues, including the John F. Kennedy Center, American University, Eddie's Attic, and Harmony Hall. She has also had numerous appearances in Germany, the Netherlands and England.

For more information on Lea please visit her website at:

www.thisislea.com

Lea is appearing at:

NewLight Metropolitan
Community Church
40 W. Church St.
Hagerstown, MD 21740
Saturday Mar 15, 2008 at 7:30pm

Pageant Winners!

Photo by: Connie of CC's

Left: **1st Alternate:** Carmen Ciera
Miss Gay PA: Tequila Daniels
Miss Susquehanna: Domiana DuPre.
Pageant held Saturday, Feb. 16th at **CC's in Sunbury, PA**.

Right: **2nd runner up:** Poison
1st runner up: Ashley Alexander
Queen of Hearts: Miss Demenor
3rd runner up: Chica
Pageant Held Friday, Feb. 15th, at **Deer Park Lodge in Boonsboro, MD**

Photo by: Stephanie Michaels

Below/Right: **Queen of Winter HeARTS**: Jazmyn Stephyns with runner up Kalina Kirkpatrick, honored for raising the must funds for the Common Roads benefit held Saturday, Feb. 16th at **Club XS in York PA**.

Photo by: Michael Burke

Left:
Mr. Central Pennsylvania Pride 2008: Tie

Pageant held Friday, Feb. 22nd at the **Dawg Haus in Manheim, PA**.

Gayly Forward

(when giving it to you straight isn't enough)

Dear Gayly Forward,

Ok. I really need help. I am bisexual, and have been for a while now. I have this friend who I have known for almost 10 years. She is straight, or at least I think she is, and I have this huge crush on her. I even think I am in love with her. Everyone I know thinks she is a lesbian or bisexual, but every time I ask her she gets defensive about how straight she is. I have had dreams about her, and I am so sure of my feelings. I have told her before how I felt, but she thinks it is all a joke. What should I do????

Toni

Dear Toni,

She's straight. Wait, you think she's straight. Everyone else you know thinks she's a lesbian. The other everyone elses you know think she's bisexual. Have you thought of asking her? Oh, yes, you did, and she confirmed it for you. Good for you, as all along you had it right the first time. She's straight. Hold on, though, as that confirmation just doesn't go along with your serious feelings for her, so she must not be straight. I mean, you dream about her, for goodness sake, doesn't that mean something? Doesn't that have the power to change everything? You are oh, so sure of your feelings for her, too. Gee, whiz, can't that control another's inner sanctum? Change the ole gender identity around? What good are emotions, then, if they can't be used to manipulate another? Yeesh!

I highly recommend you take your friend at her word, and her defensive actions. Trust me, she gets it. She gets you, she gets your dreams, your love, your attraction to her, your seriousness, for god's sake, and it's freaking her out. She's being kind by responding as if it were a joke, and not running screaming from the room, racing to put you on "ignore" on her phone, her IMs, and her email.

Ten years is a long time for a friendship. Your friend obviously values it, and wishes to remain friends with you. Don't go ruining it by devaluing her now. Keep your feelings to yourself, as they are unrequited, and step up in the respect department. Respect your friend for who she is, for what she tells you, and for where she wishes the relationship to remain.

G.F.

Winter Arts Festival

Common Road's Winter Arts Festival has come and gone. They certainly made a big splash this year raising a lot of awareness for their organization and cause.

Greg King summed up the annual event as follows:

"Common Roads received rave reviews from all who attended. The Kinseys were a hit and everyone alike seemed to have a blast at their show. Club XS pulled out all the stops and the Winter HeARTS Ball was a party to be remembered - all in celebration of the 15th Anniversary of Common Roads. Jazmyn Stephyns was crowned the Queen of Winter HeARTS, having raised $500 for Common Roads. "Priscilla Queen of the Desert" was every bit as good after 15 years, and the coffee and desserts at MJ's Coffee House before the movie were the perfect pick-me-up after a long night, that being the night before at the Strand and Club XS. Our coffee house open mic night events in Lancaster, Carlisle and Millersville were also great successes.

All in all, we are VERY pleased at Common Roads with the outcome of The Winter Arts Festival, and extend our sincere thanks to everyone who came out to help celebrate our 15th Anniversary."

Silent Witness was out in force to politely get in the way of would be protestors of the Kinsey Sicks. Perhaps they presented a strong enough front to scare away those that might have tossed words, because no protestors were to be found.

"Show us Your Pride"
The Drag Show Tour Benefiting
Pride Festival of Central Pennsylvania.
Liquid 891: Friday, March 7th
Stallions: Sunday, March 9th

Annual
High Heel Race

March 17th - St. Patrick's Day 5:00 pm
Starting at 704 Strawberry

Once again, a fund raising tribute to athletes everywhere!
Pledge laden runners strap on their best pumps and run (yes, run) from the Strawberry to the Brownstone, Neptune's, Stallions, Liquid 891 and back to the Strawberry. Come on out and support our athletes!

St. Patrick's Day Celebration

SATURDAY, MARCH 15TH

- Party Favors, Green Beer & Long Islands!
- $2.00 Miller Lite Bottles from 10-12
- DJ Kuhmeleon spinning the hits
- $5.00 Cover

Don't Forget:
NEW Cash Bingo Wednesdays!
Only at Club XS!

CLUB XS

36 West 11th Avenue
York, PA 17404
717-846-6969
clubxs@gmail.com
www.clubxsyork.com

South Central Pennsylvania

Thu Mar 6

Brownstone
8:00 PM Weekly
Trivia

Stallions
10:00 PM 1stWeek
Goth Night Dance

Club XS
Weekly
College Night 18+

Liquid 891
Weekly
Bingo

MCC
7:00 PM Weekly
Praise Team

MCC
Weekly
Prayer Group
Home of
Fern & Laura

Fri Mar 7

Stallions
6:00 PM
Ladies Tea

Altland's Ranch
1stWeek
Crountry
Line Dancing

Club XS
1stWeek
Leatherman &
Bear Men

Lambda AA
8:00 PM Weekly
Meeting

Common Roads
7:00 PM
Chill Night
Harrisburg

Pride CP
@Liquid
Show us your pride
Drag Show Tour

Sat Mar 8

Stallions
Weekly
Ladies Night
in Twin Peaks Bar

MCC
9:30 AM
@ Liquid 891
Basket Auction
Brunch Benefit for
MCC & Pride Fest.

ACA:
6:30 PM
Fill Your Plate
Art Against AIDS
Weiss Center
for the Arts
Dickinson College
Carlisle, PA

Sat Mar 8 cont.

Pennsmen
@Neptunes
Leather Fetish Club

Hi Mom!

Sun Mar 9

Liquid 891
11:00 AM Weekly
Brunch

Club XS
7:00 PM 2ndWeek
Viral Comedy
& Tunes

Dawg Haus
9:00 PM Weekly
Karaoke

Club XS
10:00 PM Weekly
Karaoke; Free Pool

Stallions
Weekly
All Age Dance

Brownstone
2ndWeek
Birthday Buffet

UCH
9:15 AM Weekly
Service
9:15am, 11:00 am

MCC
Weekly
Service
9am, 10:30 am, 7pm

HBG Men's Chorus
7:00 PM Weekly
Rehearsal
Unitarian Church
of Harrisburg (UCH)

Pennsmen
4:00 PM 2ndWeek
@Neptunes
Meeting

Pride CP
@Stallions
Show us your pride
Drag Show Tour

MCC
1:00 PM
Tastefully Simple

Mon Mar 10

Liquid 891
7:00 PM Weekly
Dart League

Club XS
9:00 PM Weekly
Trivia Night

Neptune's
Weekly
Free Buffet

Lambda AA
8:00 PM Weekly
Meeting

Mon Mar 10 cont.

Central PA
7:00 PM Weekly
Womyn's Chorus
Rehearsal
Colonial Pk, UCC

Tue Mar 11

Stallions
9:00 PM Weekly
Trivia

Club XS
10:00 PM Weekly
Karaoke

Red Star
10:00 PM Weekly
Trivia

Red Star
10:00 PM Weekly
Trivia

Tally Ho
10:30 PM Weekly
Karaoke

Brownstone
Weekly
Free Darts

MCC
7:00 PM Weekly
Choir Rehearsal

Pride CP
7:00 PM 2ndWeek
Meeting
Best Western
Eisenhower Blvd

Lancaster Pride
8:00 PM
Public Meeting
Booth Ferris Rm.
Steinman College
Center on F&M
Campus:Collage Av
fandm.edu for map

Wed Mar 12

Strawberry
7:30 PM Weekly
Bingo

Stallions
9:00 PM Weekly
Karaoke

Red Star
10:00 PM Weekly
Trivia

Red Star
10:00 PM Weekly
Trivia

Brownstone
Weekly
Free Pool

Club XS
Weekly
Cash Bingo

Neptune's
Weekly
Free Buffet

Wed Mar 12 cont.

MCC
7:00 PM Weekly
Bible Study

MCC
7:00 PM
Guiding Coalition

MCC
7:00 PM
Finance Committee

SPECTRUM
5:30 PM Weekly
LGBT Youth
Meeting Ages 14-18

Volley Ball
7:00 PM Weekly
Volley Ball $3

Chamber of
Commerce
6:00 PM
@Art Assoc Hbg
Panzee Press Host
Business Mixer

Thu Mar 13

Brownstone
8:00 PM Weekly
Trivia

Club XS
Weekly
College Night 18+

Liquid 891
Weekly
Bingo

Liquid 891
Tasteful Treasures
by Shelly

MCC
6:00 PM 2ndWeek
Geirf/Loss Support

MCC
7:00 PM Weekly
Praise Team

MCC
Weekly
Prayer Group
Home of
Fern & Laura

Fri Mar 14

Club XS
9:00 PM 2ndWeek
Swingers
Club Sexy Cool
Meet & Greet

Stallions
9:00 PM
Live Music
Take 147

Altland's Ranch
2ndWeek
Beer & Free Pizza

Liquid 891
Female Exotic
Dancers

Fri Mar 14 cont.

Lambda AA
8:00 PM Weekly
Meeting

3.12
6:30 PM
Aaron's Books
43 S. Broad St.
Lititz, PA 17543

Sat Mar 15

Stallions
10:00 PM
Green Dance Party

Stallions
Weekly
Ladies Night
in Twin Peaks Bar

Brownstone
3rdWeek
Bear Night

MCC
12:00 PM
Bingo Fundraiser

Reading Railmen
@ Red Star
Toga Party

Sun Mar 16

Liquid 891
11:00 AM Weekly
Brunch

Dawg Haus
9:00 PM Weekly
Karaoke

Club XS
10:00 PM Weekly
Karaoke; Free Pool

Stallions
Weekly
All Age Dance

UCH
9:15 AM Weekly
Service
9:15am, 11:00 am

MCC
Weekly
Service
9am, 10:30 am, 7pm

HBG Men's Chorus
7:00 PM Weekly
Rehearsal
Unitarian Church
of Harrisburg (UCH)

Reading Railmen
3rdWeek
@ Red Star

Mon Mar 17

Liquid 891
7:00 PM Weekly
Dart League

Club XS
9:00 PM Weekly
Trivia Night

South Central Pennsylvania

Mon Mar 17 cont.

Neptune's Weekly Free Buffet

Lambda AA 8:00 PM Weekly Meeting

Central PA 7:00 PM Weekly Womyn's Chorus Rehearsal Colonial Pk, UCC

Price CP 6:00 PM High Heel Race All HBG Bars

Tue Mar 18

Stallions 9:00 PM Weekly Trivia

Club XS 10:00 PM Weekly Karaoke

Red Star 10:00 PM Weekly Trivia

Red Star 10:00 PM Weekly Trivia

Tally Ho 10:30 PM Weekly Karaoke

Brownstone Weekly Free Darts

MCC 7:00 PM Weekly Choir Rehearsal

P-Flag Reading 6:30 PM 3rdWeek Meeting

P-Flag Reading 6:30 PM 3rdWeek Meeting

P-Flag York 7:00 PM 3rdWeek Meeting

Wed Mar 19

Strawberry 7:30 PM Weekly Bingo

Stallions 9:00 PM Weekly Karaoke

Red Star 10:00 PM Weekly Trivia

Red Star 10:00 PM Weekly Trivia

Brownstone Weekly Free Pool

Wed Mar 19 cont.

Club XS Weekly Cash Bingo

Neptune's Weekly Free Buffet

MCC 6:00 PM 3rdWeek Board Meeting

MCC 7:00 PM Weekly Bible Study

MCC 7:00 PM 3rdWeek Pastoral Care

SPECTRUM 5:30 PM Weekly LGBT Youth Meeting Ages 14-18

Volley Ball 7:00 PM Weekly Volley Ball $3

Thu Mar 20

Brownstone 8:00 PM Weekly Trivia

Club XS Weekly College Night 18+

Liquid 891 Weekly Bingo

MCC 7:00 PM Weekly Praise Team

MCC 7:00 PM Maundy Thursday Service

MCC Weekly Prayer Group Home of Fern & Laura

Fri Mar 21

Stallions 9:00 PM Clinton Benefit

Dawg Haus 11:00 PM Divas at the... Drag Show

Altland's Ranch 3rdWeek Country Line Dancing

Be the first to point this out to Bolton and get a drink.

Liquid 891 Liquid Divas Drag Show

Fri Mar 21 cont.

MCC 7:00 PM Good Friday Service

Lambda AA 8:00 PM Weekly Meeting

3.12 8:30 PM Concert Cornerstone Coffeehouse 2133 Market St Camp Hill, PA

Common Roads 7:00 PM Coaster Making

Diva's 11:00 PM @ the Dawg Haus

Sat Mar 22

Red Star 10:00 PM March Madness Drag Show Hosted by Caliente

Stallions Weekly Ladies Night in Twin Peaks Bar

MCC Easter Cantata

Sun Mar 23

Liquid 891 11:00 AM Weekly Brunch

Club XS 6:00 PM 4thWeek Black, Blue & Bears

Dawg Haus 9:00 PM Weekly Karaoke

Club XS 10:00 PM Weekly Karaoke Free Pool

Stallions Weekly All Age Dance

UCH 9:15 AM Weekly Service 9:15am, 11:00 am

MCC Weekly Service 9am, 10:30 am, 7pm

HBG Men's Chorus 7:00 PM Weekly Rehearsal Unitarian Church of Harrisburg (UCH)

BARS

Harrisburg

Neptune's Lounge
268 North St.
(717) 233-0581
Every Day: 5p-2a

Brownstone Lounge
412 Forster St.
(717) 234-7009
M-F: 11a-2a
S,S: 5p-2a
Brownstone Lounge.com

704 Strawberry Café
714 N. 3rd St.
(717) 234-4228
Daily: 4p-2a

Stallions
716 N. 3rd St.
(717) 232-3060
Daily: 7p-2a
StallionsClub.com

Liquid 891
891 Eisenhower Blvd
(717) 939-3590
Thu 5p-12a
Fri, Sat 5p-2a
Sun 11a-2a
Liquid891.com

York

Club XS
36 West 11th Ave
(717) 846-6969
Daily: 4p - 2a
ClubXSYork.com

Manheim

The Dawg Haus
168 S. Main St.
(717) 665-0069
Thu-Sun: 6p-2a
MySpace TheDawgHaus

Lancaster

The Tally Ho
201 W. Orange St.
(717) 299-0661
Daily: 8p - 2a

Reading

Red Star Saloon
11 S. 10th. St.
(610) 375-4116
Wed-Sat: 9p-2a

Spring Grove

Altland's Ranch
8505 Orchard Rd.
(717) 225-4479
Fri,Sat 8p-2a
AltlandsRanch.com

SPIRITUAL

MCC: Metropolitan Community Church
2973 Jefferson St.
Harrisburg, PA 17110
(717) 236-7387
MCCofTheSpirit.org

UCH: Unitarian Chch of Harrisburg
1280 Clover Lane
Harrisburg, PA 17113
(717) 564-4761
HarrisburgUU.org

St. Michael Lutheran
118 State St.
Harrisburg, PA 17101
nome.paoniine .com/stmike

BUSINESS

Central Pennsylvania Gay & Lesbian Chamber of Commerce
3111 North Front St
Harrisburg, PA 17110
(717) 213-5034
CPGLCC.org

PRIDE & PAGEANT

Pride CP
Pride Festival of Central PA
Harrisburg Pride.org

Reading Pride
ReadingPride Celebration.com

Lacaster Pride
LancasterPride @AOL.com

Miss Gay America
MissGay America.com

Miss Drag All-Star
Syrena Daniels
(610) 573-8315
P.O. Box 463
Shillington, PA 19607
MissDrag AllStar.com

South Central Pennsylvania

MUSIC, ART & THEATRE

Central PA Womyn's Chorus
CPWChorus.org

HBG Men's Chorus
HarrisburgMens Chorus.org

Art Assoc. HBG
21 N. Front Street
Harrisburg
717-236-1444
ArtAssoc OfHbg.com

Meat Locker
Art Gallery
923 N. third St.
Harrisburg, PA

3.12
ThreeTwelve.net

SOCIAL

Volley Ball
Baughman Memorial
United Methodist
New Cumberland
Jim Akers
717-233-3172

PA Womens Circle
PAWomens Circle.com

Pennsmen
Pennsmen.org

Reading Railmen
www.Reading Railmen.com

Political

Rainbow EqUUalitiy Advocates
Lay Led Ministry of the Unitarian Church of Hbg
AlannaBerger@ Hotmail.com

COMMUNITY SERVICE

LGBT Center Coalition
200 North 3rd St
8th Floor
P.O.Box 678
Harrisburg
PA 17108
CentralPaLgbt Center.org

Lambda AA
Gay & Lesbian AA
Friends Meeting House
6th and Herr St
Harrisburg
Jim H
717-379-3828

Youth Group

Common Roads
221 N. Front Street
Harrisburg, PA

Common Roads
538 W. Chestnut St.
Lancaster, PA 17403
(717) 920-9534
Common Roads.org

Planned Parenthd of North East PA
SPECTRUM
LGBT Youth Spprt
48 South 4th St.
2nd Flr
Reading, PA
PPNEP.org

HIV/AIDS:

ACA: AIDS Community Alliance of S. Cetnral PA
401 Division St #100
Harrisurg, PA 17110
(800) 867-1550
ACA-PA.com

HIV/AIDS: Caring Together (CarTog)
HIV Care Collaboration
(717) 851-3643
familyfirsthealth .org/ctprogram.html

North Central Pennsylvania

Thu Mar 6
Club Z
9:00 PM Weekly
Guitar Hero
Rumors
10:00 PM Weekly
Karaoke

Fri Mar 7
CCs
10:00 PM
Karaoke
Rumors
Weekly
18 and Over

Sat Mar 8
Club Z
10:00 PM
Retro Night

Wed Mar 12
Club Z
10:00 PM Weekly
Karaoke

Thu Mar 13
Club Z
9:00 PM Weekly
Guitar Hero
Rumors
10:00 PM Weekly
Karaoke

Fri Mar 14
Rumors
Weekly
18 and Over

Sat Mar 15
CCs
3rdWeek
Drag Show
CCs
3rdWeek
Drag Show
Miss Gay America
10:00 PM
@ CCs
Miss Gay NorthEast
Benefit Show

Wed Mar 19
Club Z
10:00 PM Weekly
Karaoke

Thu Mar 20
Club Z
9:00 PM Weekly
Guitar Hero
Rumors
10:00 PM Weekly
Karaoke

Sunbury

CCs
555 Klinger Rd.
(570) 286-6022
Thu, Fri, Sat: 8p-2a
Sun: 3:00p - ?
MySpace: OfficialCCsBar

Williamsport

Club Z
321 Pine St.
Tue-Sat 6p - 2a
(570) 322-6900
clubzbar.com

State College

Chumley's
108 W. College Ave
(814) 238-4446

Altoona

Rumors
(814) 941-0803
Rumors Altoona.com

Escapade
2523 union Ave.
(814) 946-8195

Lehigh Valley Pennsylvania

SOCIAL

Takeover LV
Takeoverlv.com

Renais. Tran
Renaissance Transgender

LV Bears
Lehigh Valley Bears

BARS

Allentown

Stonewall
28 North 10th St.
(610) 432-0215
Tue-Sun: 7p-2a
TheStonewall.com

Candida's
247 N. 12th St.
Allentown, PA 18102
(610) 434-3071

Bethlehem

Diamonz
1913 West Broad St.
(610) 865 1028
diamonz.net

Lehigh Valley Pennsylvania

COMMUNITY SERVICE

PA Diversity Nwk
P.O. Box 22902
Lehigh Valley
PA 18002
(610)-HELP-123
PADiversity.org

Youth Group

Haven Youth Group
Universalist Church
424 Center Street
Bethlehem
Havenyouthgroup @hotmail.com
uuclvpa.org/haven

HIV/AIDS

Fighting AIDS Continuously Together (FACT)
245 N. 12th Street
Allentown, PA
(610) 820-5519
Factlv.org

PRIDE FESTIVAL

Pride GLV
Pride of the Greater Lehigh Valley
1101 W. Hamilton
Allentown
(610) 770-6200
PrideGLV.org

SPIRITUAL

MCCLV: Metropol. Community Church of the Lehigh Valley
Merchants Square
1901 S. 12th St.
Allentown, PA
mcclv.org

MUSIC & ARTS

Lehigh Vally Gay Men's Chorus
(610) 366-3320
LVGMC.org

Sisterhood
SisterhoodEvents @Yahoo.com

The Panzee Calendar

Lehigh Valley Pennsylvania

Thu Mar 6
Diamonz
9:00 PM Weekly
Karoaoke
Pool League

Stonewall
Weekly
18 and over

Fri Mar 7
Pride GLV
8:00 PM
LVGMC presents
"Bawdy Bits And
Period Pieces"
@ Stonewall

Sat Mar 8
Stonewall
7:00 PM 2ndWeek
Pinochle

Diamonz
Weekly
Karoke
18 to 20

Renais. Tran
8:00 PM 2ndWeek
@Stonewall
Meeting

Pride GLV
7:30 PM
LVGMC presents
"Bawdy Bits And
Period Pieces"
@ Stonewall

Sun Mar 9
Stonewall
10:30 PM Weekly
Karoke

MCCLV
9:00 AM Weekly
Perkins on
Lehight St. Allentown

MCCLV
10:30 AM Weekly
Sunday Service
10:30 am, 6:00 pm

Mon Mar 10
Diamonz
8:00 PM Weekly
$0.99 Clam Dozen

MCCLV
7:00 PM 2ndWeek
Board Meeting

MCCLV
2ndWeek
Food Sunday

Tue Mar 11
Diamonz
Weekly
Taco's $1.25

Wed Mar 12
Stonewall
9:00 PM Weekly
Karaoke

Diamonz
Weekly
$0.99 Clam Dozen

MCCLV
7:00 PM Weekly
Tejes Women's

Spectrum
5:30 PM Weekly
LGBT Youth
Meeting Ages 14-18

FACT
7:00 PM 2ndWeek
Fundraising
Meeting

Haven
7:00 PM Weekly
GLBTAQI Youth
Meeting Ages 14-18

Thu Mar 13
Diamonz
9:00 PM Weekly
Karoaoke
Pool League

Stonewall
Weekly
18 and over

Fri Mar 14
TakeoverLV
6:30 PM
Behlehem Brew-
Works-Stellgarden
569 Main St.
Bethlehem, PA
(610) 882-1300

Sat Mar 15
Diamonz
Weekly
Karoke
18 to 20

Pride GLV
6:00 PM
An evening with
Carson Kressley
@ Melt

Sun Mar 16
Stonewall
10:30 PM Weekly
Karoke

MCCLV
9:00 AM Weekly
Perkins on
Lehight St. Allentn.

MCCLV
10:30 AM Weekly
Sunday Service
10:30 am, 6:00 pm

Mon Mar 17
Diamonz
8:00 PM Weekly
$0.99 Clam Dozen

FACT
8:00 PM 3rdWeek
Board Meeting

Tue Mar 18
Diamonz
Weekly
Taco's $1.25

Wed Mar 19
Stonewall
9:00 PM Weekly
Karaoke

Diamonz
Weekly
$0.99 Clam Dozen

MCCLV
7:00 PM Weekly
Tejes Women's

Spectrum
5:30 PM Weekly
LGBT Youth
Meeting Ages 14-18

Haven
7:00 PM Weekly
GLBTAQI Youth
Meeting Ages 14-18

Thu Mar 20
Diamonz
9:00 PM Weekly
Karoaoke
Pool League

Stonewall
Weekly
18 and over

Fri Mar 21
Stonewall
3rdWeek
Hot Strippers

Sat Mar 22
Diamonz
Weekly
Karoke
18 to 20

Sun Mar 23
Stonewall
10:30 PM Weekly
Karoke

MCCLV
9:00 AM Weekly
Perkins on
Lehight St. Allentown

MCCLV
10:30 AM Weekly
Sunday Service
10:30 am, 6:00 pm

North East Pennsylvania

Fri Mar 7
Twist
Weekly
All Age Dance

Mon Mar 10
12 Penny
Weekly
Free Pool

Tue Mar 11
Pride NE
2ndWeek
Toney D's Pizza
295 S. Main St.

Wed Mar 12
Michael's
7:00 PM Weekly
Karaoke

Fri Mar 14
Twist
Weekly
All Age Dance

Sat Mar 15
Pride NE
6:30 PM
Pride Slide
@ Snow Mountain

Leathermen
8:30 PM 3rdWeek
@ 12 Penny
Leatherman

12 Penny
12:00 PM
St. Patty's Parade
Open at Noon

Mon Mar 17
12 Penny
Weekly
Free Pool

Wed Mar 19
Michael's
7:00 PM Weekly
Karaoke

Thu Mar 20
Pride NE
6:30 PM 3rdWeek
Monthly Dinner

Fri Mar 21
Twist
Weekly
All Age Dance

Pride NE
8:00 PM 3rdWeek
Art Walk

BARS

Wilkes-Barre
Twist
Fox Ridge Plaza
1170 Highway 315
(570) 825-7300
Mon-Sat 8p-2a
Sun 7p-10p
twistbarpa.com

Moosic
12 Penny Saloon
3501 Birney Ave
(570) 941-0444
Daily 6p - 2a
12Penny
Saloon.com

Edwardsville
Michael's Lounge
429 Main St.
(570) 287-9300
Tue-Sun 7p-2a
Michaels
Lounge.com

SOCIAL

NEPA Leathermen
nepa-leather
men.com

Pride NE:
Pride of Northeast
Pennsylvania
156 Franklin St.
3rd Flr
Wilkes-Barre
PA 18701
PrideOfNEPA.org

COMMUNITY SERVICE

Caring Communities
for AIDS (CCA)
301A West Third St.
Berwick, PA 18603
570-752-5655
Myspace:
CaringCommun
itiesForAIDS

Rainbow Alliance
512 Northampton
street #218
Kingston, PA 18704
(570) 606-4410
GayNEPA.com

Baltimore Maryland

Thu Mar 6

PW's Sports Bar
8:00 PM Weekly
Karaoke

Drinkery
9:00 PM Weekly
Karaoke

Grand Central
9:00 PM Weekly
Ladies Night

Baltimore Eagle
Weekly
Bear Chest Night

Coconuts Café
Weekly
Karaoke

Hippo
Weekly
Hip Hop Night

Jay's on Read
Weekly
Live Piano

Phoenix
Weekly
SuperHero Night

GLCCB
5:00 PM Weekly
HIV & STD Testing

GLCCB
8:30 PM Weekly
AA: Room 201

GLCCB
7:30 PM Weekly
Women of Color
Room 201

Fri Mar 7

Hippo
Weekly
Drag Show

Hippo
Weekly
Karaoke

Jay's on Read
Weekly
Live Piano

Phoenix
Weekly
Pool Tournament

GLCCB
6:00 PM
Volunteer Orienta.

Sat Mar 8

PW's Sports Bar
8:00 PM Weekly
Karaoke

Phoenix
10:00 PM Weekly
Drag Show

Jay's on Read
Weekly
Live Piano

Sat Mar 8 cont.

GLCCB
12:30 PM Weekly
SIAM Meeting

GLCCB
6:30 PM Weekly
AA:Room 201

GLCCB
8:00 PM 2ndWeek
Gender Identity

Sun Mar 9

PW's Sports Bar
12:00 PM Weekly
Game Day
6:00 am = 2:00 am

Phoenix
10:00 PM Weekly
Karaoke

Grand Central
Weekly
Wet Underwear
Contest

GLCCB
11:30 AM Weekly
Narcotics Anonym.
Room 201

GLCCB
3:30 PM Weekly
Yoga $9

Mon Mar 10

PW's Sports Bar
8:00 PM Weekly
Prime Time

Baltimore Eagle
Weekly
Uniform Night

Grand Central
Weekly
Karaoke

Hippo
Weekly
Free Pool

GLCCB
8:30 PM Weekly
AA: Room 201

GLCCB
6:00 PM 2ndWeek
Men Like Men
Room 202

Tue Mar 11

Baltimore Eagle
Weekly
T-Shirt Night

Coconuts Café
Weekly
Wings & Free Pool

Grand Central
Weekly
Karaoke

Tue Mar 11 cont.

GLCCB
7:30 PM 2ndWeek
Board of Trustees
Meeting Rm 202

Wed Mar 12

Grand Central
7:00 PM Weekly
Manicures
& Martinis

PW's Sports Bar
8:00 PM Weekly
Free Pool

Hippo
8:30 PM Weekly
Bingo
GLCCB Benefit

Grand Central
9:00 PM Weekly
Flashback
Disco & Regro

Baltimore Eagle
Weekly
80's Tunes & Trivia

Jay's on Read
Weekly
Live Piano

Phoenix
Weekly
Free Pool

GLCCB
5:00 PM Weekly
HIV & STD Testing

GLCCB
7:15 PM Weekly
Yoga, Beginners
Room 201

GLCCB
6:30 PM
Pride Fest Meeting
Every other Wed

Thu Mar 13

PW's Sports Bar
8:00 PM Weekly
Karaoke

Drinkery
9:00 PM Weekly
Karaoke

Grand Central
9:00 PM Weekly
Ladies Night

Baltimore Eagle
Weekly
Bear Chest Night

Coconuts Café
Weekly
Karaoke

Hippo
Weekly
Hip Hop Night

Jay's on Read
Weekly
Live Piano

Thu Mar 13 cont.

Phoenix
Weekly
SuperHero Night

GLCCB
5:00 PM Weekly
HIV & STD Testing

GLCCB
8:30 PM Weekly
AA: Room 201

GLCCB
7:30 PM Weekly
Women of Color
Room 201

Fri Mar 14

PW's Sports Bar
10:00 PM 2ndWeek
Drag Show

Hippo
Weekly
Drag Show

Hippo
Weekly
Karaoke

Jay's on Read
Weekly
Live Piano

Phoenix
Weekly
Pool Tournament

Phoenix
2ndWeek
Klassik Retro

GLCCB
7:30 PM 2ndWeek
Gay Father's
Room 201

Sat Mar 15

PW's Sports Bar
8:00 PM Weekly
Karaoke

Phoenix
10:00 PM Weekly
Drag Show

Jay's on Read
Weekly
Live Piano

GLCCB
12:30 PM Weekly
SIAM Meeting

GLCCB
6:30 PM Weekly
AA:Room 201

Chesapeak Chubs
3rdWeek
@Blue Parrot

Sun Mar 16

PW's Sports Bar
12:00 PM Weekly
Game Day
6:00 am = 2:00 am

Sun Mar 16 cont.

PW's Sports Bar
3:00 PM 3rdWeek
GLBT Car Club

Phoenix
10:00 PM Weekly
Karaoke

Grand Central
Weekly
Wet Underwear
Contest

GLCCB
11:30 AM Weekly
Narcotics Anonymous
Room 201

GLCCB
3:00 PM 3rdWeek
Women Coming Out
Room 202

GLCCB
3:30 PM Weekly
Yoga $9

Mon Mar 17

PW's Sports Bar
8:00 PM Weekly
Prime Time

Baltimore Eagle
Weekly
Uniform Night

Grand Central
Weekly
Karaoke

Hippo
Weekly
Free Pool

GLCCB
8:30 PM Weekly
AA: Room 201

Tue Mar 18

Baltimore Eagle
Weekly
T-Shirt Night

Coconuts Café
Weekly
Wings & Free Pool

Grand Central
Weekly
Karaoke

Wed Mar 19

Grand Central
7:00 PM Weekly
Manicures
& Martinis

PW's Sports Bar
8:00 PM Weekly
Free Pool

Hippo
8:30 PM Weekly
Bingo
GLCCB Benefit

Baltimore Maryland

Wed Mar 19 cont.

Grand Central
9:00 PM Weekly
Flashback
Disco & Regro

Baltimore Eagle
Weekly
80's Tunes & Trivia

Jay's on Read
Weekly
Live Piano

Phoenix
Weekly
Free Pool

GLCCB
5:00 PM Weekly
HIV & STD Testing

GLCCB
7:15 PM Weekly
Yoga, Beginners
Room 201

GLCCB
7:30 PM 3rdWeek
Womb
Room 201
Women's
Poem/Song

Thu Mar 20

PW's Sports Bar
8:00 PM Weekly
Karaoke

Drinkery
9:00 PM Weekly
Karaoke

Grand Central
9:00 PM Weekly
Ladies Night

Baltimore Eagle
Weekly
Bear Chest Night

Coconuts Café
Weekly
Karaoke

Hippo
Weekly
Hip Hop Night

Jay's on Read
Weekly
Live Piano

Phoenix
Weekly
SuperHero Night

GLCCB
5:00 PM Weekly
HIV & STD Testing

GLCCB
8:30 PM Weekly
AA: Room 201

GLCCB
7:30 PM Weekly
Women of Color
Room 201

Fri Mar 21

Hippo
Weekly
Drag Show

Hippo
Weekly
Karaoke

Jay's on Read
Weekly
Live Piano

Phoenix
Weekly
Pool Tournament

Sat Mar 22

Rowan Tree
7:00 PM 4thWeek
Primer Timers
ptbalto.org

PW's Sports Bar
8:00 PM Weekly
Karaoke

Phoenix
10:00 PM Weekly
Drag Show

Jay's on Read
Weekly
Live Piano

GLCCB
12:30 PM Weekly
SIAM Meeting

GLCCB
6:30 PM Weekly
AA:Room 201

GLCCB
6:00 PM 4thWeek
Trans-FTM

GLCCB
8:00 PM 4thWeek
Trans-MTF

Sun Mar 23

PW's Sports Bar
12:00 PM Weekly
Game Day
6:00 am = 2:00 am

Rowan Tree
8:00 PM
Erotica Toy Party

Phoenix
10:00 PM Weekly
Karaoke

Grand Central
Weekly
Wet Underwear
Contest

GLCCB
11:30 AM Weekly
Narcotics
Anonymouos
Room 201

GLCCB
3:30 PM Weekly
Yoga $9

BARS & CLUBS

Hippo
One W. Eager
@Charles St.
(410) 576-0018
Baltimore MD
clubhippo.com
MySpace: clubhippo

Grand Central
1001 North Charles
Baltimore, MD
(410) 752-7133
CentralStation
Pub.com

Baltimore Eagle
2022 N. Charles St.
Baltimore, MD
(443) 524-3289
Mon-Fri 3p-2a
Sat,Sun 2p-2a
TheBaltimore
Eagle.com

Leons of Baltimore
(410) 539-4993
870 Park Ave
Baltimore, MD 21201
Daily: 4p-2a
LeonsBaltimore.
.tripod.com

Phoenix
1 W. Biddle St.
Baltimore, MD
(410) 837-3906
baltimore
-phoenix.net

Drinkery
(410) 225-3100
203-207 W. Read St.
Baltimore, MD
Daily: 11a-2a
drinkery.net

Jay's on Read
225 W. Read St.
Baltimore, MD
JaysOnRead.biz
(410) 225-0188

Gallery Bar &
Restaurant
(410) 539-6965
1735 Maryland Ave.
Baltimore, MD

Rowan Tree
(410) 468-0550
1633 S. Charles St.
Baltimiore, MD
TheRowanTree.net

Club Bunns
608 W. Lexington St.
Baltimore, MD
(410) 234-2866
Mon-Sun 3p-2a

Club Orpheus
1003 E. Pratt St.
Baltimore, MD
(410) 276-5599
Fri-Sat 9p-2a

Quest
(410) 563-2617
3607 Fleet St.
Baltimore, MD
Daily 4p-2a
QuestBarBalt.com

Coconuts Café
(410) 383-6064
3111 W. Madison St.
Baltimore, MD
coconutscafe.com

Blue Parrot
5860 Belair Rd.
Baltimore, MD
(410) 254-3785
10a-2a
BlueParrotBar.com

PW's Sports Bar
& Grill
(301) 498-4840
9855 Washington
Blvd
N. Suite N.
Laurel, MD 20723
PWsSportsBar.com

COMMUNITY SERVICE
SOCIAL
PRIDE

Gay & Lesbian
Community Ctr
of Baltimore
(GLCCB)
(410) 837-5445
241 West Chase St.
Baltimore, MD
glccb.org

BARS
CHURCH
SOCIAL
BUSINESS

MUSIC, ART & THEATRE
PRIDE & PAGEANT
COMMUNITY SERVICE

The Panzee Calendar

West Maryland

Thu Mar 6

Deer Park Lodge
8:00 PM Weekly
Men's Night

New Light MCC
6:00 PM 1stWeek
Sparkle!
Church Cleaning

Fri Mar 7

Deer Park Lodge
1stWeek
Ghetto & Glamour
Show

Sat Mar 8

New Light MCC
9:00 AM Weekly
Food & Friends

New Image
6:00 PM Weekly
@New Light MCC
Narcotics Anonym.

Hagerstown TGs
7:00 PM 2ndWeek

Sun Mar 9

Deer Park Lodge
2ndWeek
Deer Park's
Got Talent

New Light MCC
10:30 AM Weekly
Sunday Worship

Rainbow
Connections
1:00 PM 2ndWeek
Book Club

Mon Mar 10

Live & Let Live(AA)
7:30 PM Weekly
12 Step Recovery

Out For Fun
Weekly
Dinner Out

Tue Mar 11

Alcoholics Anonym.
6:30 PM Weekly
@New Light MCC

Positive Influence
6:30 PM Weekly
HIV/AIDS Support

Wed Mar 12

New Light MCC
6:00 PM Weekly
6:00 pm pot luck
7:00 Worship
7:30 Bible Study

Tini Lounge
Happy Hour Club
7:00 PM Weekly

Thu Mar 13

Deer Park Lodge
8:00 PM Weekly
Men's Night

Sat Mar 15

New Light MCC
9:00 AM Weekly
Food & Friends

New Light MCC
6:00 PM
Bingo

New Image
6:00 PM Weekly
@New Light MCC
Narcotics Anonym.

New Light MCC
7:30 PM
"Lea" in concert

New Light MCC
6:00 PM 3rdWeek
Bingo
6-7 or 8-9

Sun Mar 16

Deer Park Lodge
3rdWeek
Ladies Night

New Light MCC
10:30 AM Weekly
Sunday Worship

Reel Awakenings
3:00 PM
LGBT Film Festival

Mon Mar 17

Live & Let Live(AA)
7:30 PM Weekly
12 Step Recovery

Out For Fun
Weekly
Dinner Out

Tue Mar 18

Alcoholics Anonym.
6:30 PM Weekly
@New Light MCC

Positive Influence
6:30 PM Weekly
HIV/AIDS Support

Wed Mar 19

New Light MCC
6:00 PM Weekly
6:00 pm pot luck
7:00 Worship
7:30 Bible Study

Tini Lounge
Happy Hour Club
7:00 PM Weekly

Thu Mar 20

Deer Park Lodge
8:00 PM Weekly
Men's Night

Fri Mar 21

Deer Park Lodge
3rdWeek
Cabaret Show

Sat Mar 22

New Light MCC
9:00 AM Weekly
Food & Friends

New Image
6:00 PM Weekly
@New Light MCC
Narcotics Anonym.

Sun Mar 23

Deer Park Lodge
4thWeek
Bitchin Divas

New Light MCC
10:30 AM Weekly
Sunday Worship

BARS

Deer Park Lodge
21614 National Pike
Boonsboro, MD
(301) 797-7672
Thu, Fri, Sat, Sun
DeerParkLodge.net

SPIRITUAL

New Light MCC
40 W. Church St
Hagerstown, MD
(301) 797-5698
NewLightMCC.com

BUSINESS

Rainbow
Connections
14 1/2 E.
Washington St.
Hagerstonw, MD
(301) 739-6629
RainbowConn
ectionLLC.com

SERVICE

Positive Influence
40 W. Church St.
Hagerstown, MD
positive
influence.org

Alcoholics Anonym.
40 W. Church St.
Hagerstown, MD
aa.org

New Image
12 Steps
40 W. Church St
Hagerstonw, MD
na.org

Live & Let Live(AA)
Presbyterian Chrch
220 E. Washington

MUSIC, ART THEATER

Reel Awakenings
The Maryland
Theatre
21 S. Potomac St.
Hagerstown, MD
(301) 305-1845
Reel
Awakenings.org

SOCIAL

Community Triangle
40 W. Church St.
Hagerstown, MD
(301) 733-1465
community
Trinagle.org

Hagerstown TGs
Transgender
TerriLeeTG
@Yahoo.com

Out For Fun
War Memorial Park
Martinsburg, WV
TimHottt
@Nationwide.com

Tini Lounge
Happy Hour Club
The Gormet Goat
41 N. Potomac St.
Hagerstown, MD
(301) 790-2343

To add your listing or organization contact Panzee@ PanzeePress.com or (717) 564-2477 (no fee)

See an Extended BGLQT Calendar at PanzeePress.com

The Benefits of Power Steering on the Highway of Life

About two decades ago I learned how to drive in a Dodge Dart. It was a big old boat without power steering, or power anything for that matter. Parallel parking was a nightmare! Gripping the wheel and pulling with all my might to squeeze the huge vehicle into the spaces that would legally be available to me was quite a task. I studied my book from the Department of Motor Vehicles as hard as I could. I took a driver's education class and applied myself to learning all the material. I sat for hours in a simulator driving a pretend car through a pretend neighborhood while trying not to run over a pretend child chasing after a pretend ball. When the time came, I took my driver's test and missed no questions on the written portion of the exam. With the exception of losing a couple of points in the handling of the yacht that was my vehicle while parallel parking, I passed with flying colors.

These days I drive a car with power steering, tilt wheel, power brakes, and A/C. I don't have any trouble parallel parking anymore, but I am truly grateful for having learned to parallel park in my Dodge Dart. If it were not for the fact that I learned to drive in that vehicle, I probably wouldn't be able to park my current vehicle in spaces that most of my friends would think were impossible. What I learned in that Dodge Dart was a foundation, and adding that foundation to the advances that have been made, I have become much better able to deal with driving in today's world (and parallel parking in today's cities).

One of the most confusing things about this life of ours is also one of the most beautiful. It is something that was put into words by Henry David Thoreau, in "Walden." Later Drummer would adopt it, but it has always blazed in the hearts of the Tribe. "If a man does not keep pace with his companions perhaps it is because he hears a different drummer. Let him step to the music which he hears, however measured or far away." The idea is that we may all have our own ways to reach the same destination. That the path to which my heart leads me, is right for me, even if it isn't right for you. The idea is that we must all let each other walk our own paths, at whatever pace may be right for any of us, and respect everyone's right to do so, as we hope they respect our right to do the same.

There is no one great book that says this is the way it will be done. There can't be. We live what we feel, our own passions, our own fantasies.

What we do have are traditions that are passed to us from those that have walked these paths before us. The treasured foundation is called knowledge, entrusted to us by our mentors, which we would be foolish not to heed, but also upon which we must build in order to grow and better ourselves. Without that growth and desire for betterment we will wither and die.

We should never forget those gifts that have been handed to us by our teachers, our mentors, and our forbears. Neither should we disgrace those gifts by choosing to live in complacency while the world changes and grows around us. They did not. They questioned, they dared to ask why they could not live life as they chose. Then they made a choice to live life, as they desired to live it. Some in that time called them outlaws because of it, yet it was through their struggles, their fight, that we now find ourselves in a time where we don't have to be outlaws, although to some we are, a world where we can live our lives as we choose simply because that is our choice to make.

It is from their foundation that we must continue to build with education and activism, to teach others that even though they may not understand our lives completely, they must respect our rights to live our lives in the way that makes us happy.

We must also teach each other not to fear change or growth, for those things only serve to make us stronger. We must not fear power steering, because it lets us parallel park in spaces we couldn't fit into before.

Respectfully yours,

boy derick

Deb Bixler

Compound Interest...

The Most Powerful Force in the Universe!

Albert Einstein said that the most powerful force in the universe is compound interest. Everyone understands that compound interest applies to money. In the world of money, if compound interest is not working for you, then it is working against you. You can invest in something and accumulate interest that compounds and makes you money. Or you can borrow money and pay interest, that when compounded, costs you money. In both cases, one day of interest is minor, yet when compounded it becomes huge. This is the financial principle of compound interest.

Principles Apply To Everything

The principle of compound interest relates to everything to which it is applied. Just like the law of gravity, there are no exceptions. Compound interest applies to life, business, and also to your health.

Let's say that we eat a bag of chips today. Chances are that it won't kill you. If the results of poor eating choices were more immediate, then fewer people would be unhealthy, because the fear of death would stop them from continuing to make poor choices in their diets. It is only when you eat a bag of chips every day that compound interest takes effect and becomes a powerful force, which brings ill health to you. The choice of eating an apple today will not result in immediate health benefits, yet when eaten daily the power of compound interest will kick in and pay off for you with a healthy body.

Compound Interest Is Working For You or Against You

Albert Einstein believed that compound interest is the most powerful force in the universe. Deb Bixler says: "Life Is a Razor Blade." Think about your business or career, your health, and your entire life as a razor blade. This is an old fashioned razor blade standing on edge, straight up and sharp. Life is a razor blade and you are sitting on the cutting edge. We make millions of choices each day and every choice is a slice made with the razor blade of life. Every choice you make is, in itself, only a razor-thin slice of life and has little or no major impact on the future. Every slice/choice of life you make is either positive or negative and alone it is weak. Every slice of life is compounded with the others to create the most powerful force in the universe. Think about every choice you make in your life and do your best to make razor-thin slices on the positive side of life. They will compound to become the most powerful force in the universe and thus drive your future in a successful direction. When you slice too many slices on the negative side of life, compound interest will work against you. When you slice more on the positive side of life, you will leverage your results by using compound interest on your behalf.

Change Your Future

In your career, business, or in regard to your health, every choice is minor in immediate results, yet in the long term the most powerful force in the universe will be working for you or against you. Successful people understand that life is about taking razor-thin choices each day to direct the future and put the principle of compound interest to work for them.

Life is a razor blade. You can change your life using compound interest as leverage by choosing to take positive slices of life each day.

Deb teaches ***fun-fast-healthy*** living skills, produces the local cooking show Now We're Cooking, provides consulting services for area restaurants, is a direct sales educator, mentors entrepreneurs, and is a public speaker advocating health and prosperity lifestyles for businesses, churches, schools, direct sales companies and clubs. www.DebBixler.com

Figuratively Speaking

Art Exhibition

The Art Association of Harrisburg's "Figuratively Speaking Exhibition" opened with a large crowd in attendance on Friday evening, February 22, despite the icy weather. The crowd, hot spotlights, and great art more than made up for the wintry mix outside the gallery at 21 North Front Street. The popular Winter Membership Exhibition, showcasing nudes, portraits, and figures in scenes, attracted 152 entries this year, making the installation a challenging task for AAH Curator Terrie Hosey.

1st Prize: Brian Eppley,
Category: Oils and Acrylics
"Man's Best Friend"

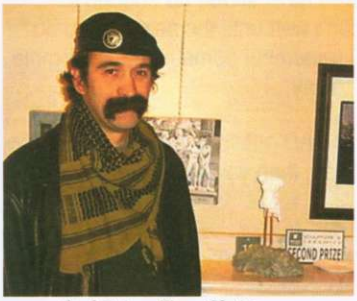
The amount of artwork meant that Curator Hosey had to mount some paintings on easels, doors, and even a window or two, but no one seemed to object. Everyone agreed that the exhibition was bursting with colour and vitality. The fact that the show was not juried meant that everything entered was displayed, despite the degree of professionalism, or lack thereof. The large amount of work made for a difficult task for the prize judge John Davis, an artist himself and the Museum/Educator for Milton Hershey School.

XPEDX, LB Smith Ford, Brinjac Engineering, Alan Hostetler Insurance, Blick Art Materials, Mr. and Mrs. J. Stephen Feinour, and the Hilton Harrisburg contributed prizes for the show. Watercolour award winners were Elaine Howe, first prize, and Patricia Kline, second. First prize in Photography went to Jeff Wiles for "Charlie at Home," a Charlie McCarthy puppet jammed into a suitcase! Second prize went to Terri Lynne Smith for an edgy self-portrait called "Blue Man II." In Sculpture, Ruth Leventhal captured first prize with her striking bronze nude male figure called "Robert." Newcomer Troy Christman won second for his untitled sculpture of a small delicate white polymer torso mounted on stone.

2nd Prize: Dennis Humphreys
Category: Other Media
"Birth of Venus"

Ruth Lundberg received first prize, Pastels, for her engaging portrait of an earnest young man, "Marked as Christ's Own Forever." Second prize went to Chuck Hall for a fine nude called "Evening Light." In Oils and Acrylics, Brian Eppley garnered the first prize for his bravura brushwork in an English pub scene with dog, entitled "Man's Best Friend?" Second prize went to Robert Hughes (coincidentally, the model of Leventhal's sculpture!) for his male nude "Angles, Curves and Lines."

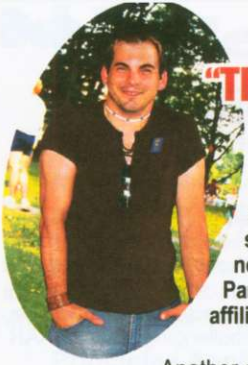
Pat Koscienski's female "Nude Reclining II" received a third prize.



2nd Prize: Troy Christman
Category: Sculpture
Untitled

Elaine Brady Smith received first prize for her collage "Gundaker's", and Dennis Humphreys received second for his manipulated digital image "Birth of Venus" - both in the category of Other Media. The coveted Best-of-Show award went to Jason Campbell for a large, striking mixed media painting called "Alice," suggesting imagery from "Alice in Wonderland" with a very contemporary twist.

Lovely refreshments catered by a young HACC culinary student, Rebecca Smith, and cool jazz by Barrie Spessler and Mark Huber enhanced the reception. The exhibit will run through March 27 with gallery hours of 9:30 AM to 9 PM Monday thru Thursday, 9:30 to 4 Friday, 10-4 Saturday, and 2 to 5 PM on Sundays. Call 717-236-1432 for more information, or visit the website at: www.artassocofhbg.com.



Reading's "Theoretically"

The following article contains the personal thoughts of Daniel Kincade. The feelings, ideas, and opinions stated herein may not reflect those of the Panzee Press or any of its affiliates.

Another article already? It seems like I just got done writing the last one. Well, with all of the stuff I have going on, time really does fly.

Congratulations to my sister in Panzee, Vicki Dominatrix! Vicki, who inspired me to be the gossip guru I am today, won the title of Miss Gay Rising Star America! My loving husband and I had the opportunity to attend the Preliminary to Miss Gay Pennsylvania America at the fabulous Liquid 891. Vicki should stand an excellent chance at winning the big crown in MGA PA this year…theoretically!

Saturday the 23rd was my first show back at the Red Star in over 3 years! We had a great time even though there were rumors of a certain queen's demise. With the weather against us from the start, we still managed to put on one hell of a show! A certain publication's Editor in Chief was in attendance as well and got treated to Reading's style of fun and apparently some really good drinks from our Bartendress Geri…. theoretically.

For those who wanted an autographed Panzee, I promise I will get them to you. Thank you so much for making me feel like a local celebrity, but the real stars of Reading are those who come out to support their local community…in other words, ALL of you!

Miss Drag All-Star has officially announced that their National Pageant will be held during the weekend of April 24th, 25th, and 26th in 2009 at Club XS in York, PA. This will be an exciting event and I for one can't wait!!!

Speaking of Miss Drag All-Star, I am looking forward to the very first preliminary here in Pennsylvania. On Saturday March 15, 2008, Miss Drag All-Star Williamsport will be held at Club Z! This will be the first event featuring the partnership of Miss Drag All-Star and the Panzee Press. I think that it's great when two local businesses in our community work with each other instead of against…theoretically!

For those not of the pageant persuasion, The Reading Railmen will be throwing a TOGA party at The Red Star in Reading on March 15th. As is true with all Railmen events, I am sure this will be a fun night…and when else do you get to go out in only a sheet??!

March 29th will feature a "Date" Auction to benefit Reading Pride. The basic idea behind this event is to place bids for a date with one of Reading's favorite Guys or Gals. I wasn't asked to be involved, and that's ok because I've dated most of Reading anyway…theoretically.

Kitty Mame Dietrich, I have to say, I was quite impressed with your first attempt in the world of journalism. Your column was both witty and humorous. The part about the "Subway Diet" was most amusing indeed. There was something in there about people starting "bogus" systems. I am sure that you weren't referring to me or my system. I mean, I know that my promoters in Indiana, New Jersey, Arkansas, Mississippi, Pennsylvania, and the Gulf Coast would certainly disagree with your if you were referring to us as being "bogus." As for "cutting the mustard" in an "established" national system, I am not a drag queen, I have never competed in a pageant before. I was wondering…how did that work out for you a few years back??

Well, I am sure I have stirred up enough for this time…I can't wait until the next time to do some more! I remember something my momma always used to say…

"No publicity is BAD publicity. If they stop talking about you, then you know you have a problem!"

Until next time, don't do anything that I would do!!

Daniel Kincade

Diary of a Catholic Schoolgirl: Part IV

Written by Shoes

September 1964
Eighth Grade

Dear God,

As you know by now, I started 8th grade in West By God Virginia. Since the people around here always say West "By God" Virginia I assume you can still hear me, even though I am not in Catholic school anymore. No more mean nuns!!! No more standing in line with a partner in the freezing cold and snow. We are allowed to talk on the bus. We can talk to each other as we eat. We don't have to sit in alphabetical order, no more Christine Garra!

Thanks again!
Kathy

P.S. I have made some friends here.

P.P.S. They think I'm a genius here. I don't want to tell them I learned most of this stuff by 5th grade in Catholic school.

October 1964
Eighth Grade

Dear God,

New people moved into the funeral home today. They have a daughter. She is about my age, I think. I'll find out more later and let you know.\

Love,
Kathy

October 1964
Eighth Grade

Dear God,

Her name is Peggy Aliff. She is a year older than me. But, I guess maybe you already knew that.

Love,
Kathy

December 1964
Eighth Grade

Dear God,

Me and Peggy have gotten to be pretty good friends. We ride bikes together, go fishing, catch crow daddies, and do sleep overs.

Love,
Kathy

January 1965
Eighth Grade

Dear God,

It's been cold and raining here. Not much to do, so Peggy is going to teach me about kissing. Aunt Rose and Uncle Fred taught me about the birds and the bees last year, before I came here. I am still a bit confused about how we pollinate each other. They said that when I start liking boys I will understand better. There are a couple of boys here who I think like me. At least that's what Brenda and Sheryl said. So, that's why Peggy is going to teach me about kissing.

8:03 PM

OH MY GOSH!!! I like this kissing stuff. I like the way it makes me feel. The way our lips feel after and the way it makes my belly feel... It's great! I want to practice, practice, practice.

Love,
Kathy

March 1965
Eighth Grade Dear God,

I am going to my first dance. My Mom wants me to get my hair done at a beauty parlor. I am not liking that idea. And, she wants me to wear a dress she bought. God, if you could somehow make that dress disappear I would be ever so grateful!

Love,
Kathy

Panzee Distribution

South Central Pennsylvania

Bars/Clubs

Harrisburg	Strawberry
Harrisburg	Brownstone
Harrisburg	Neptunes
Harrisburg	Stallions
Harrisburg	Liquid 891
Manheim	Daug Haus
Lancaster	Tally Ho
York	XS
Reading	Red Star
Spring Grove	Ranch

Restaurants/Coffee Shops

Harrisburg	Roxi
Harrisburg	Sandwichman

Hair & Body Salons

Harrisburg	Totally Clips
Harrisburg	C&K Classic Cuts
Harrisburg	Orbit Salon
Harrisburg	Tindell's Hair Spa

Shops

Harrisburg	The Bare Wall
Harrisburg	Broad Street Market
Harrisburg	Bingo Parlor
Harrisburg	Pazazz
Harrisburg	The Paper Lion
Harrisburg	Hot Tops (Colonial Park Mall)

Community Service

Harrisburg	The Foundation for Enhancing Communities
Harrisburg	AIDS Community Alliance
Harrisburg	Common Roads
Harrisburg	G&L Chamber of Commerce
Harrisburg	Pride Festival of Central PA
Harrisburg	Pride Parade of Central PA

Spiritual

Harrisburg	MCC
Harrisburg	Unitarian Church

Music, Art & Theater

Harrisburg	Art Association of Harrisburg
Harrisburg	Harrisburg Men's Chorus
Harrisburg	Central PA Womyn's Chorus
Harrisburg	Midtown Cinema

Hotels

Harrisburg	Best Western (Eisenhower Blvd)
Harrisburg	Red Roof Inn (Eisenhower Blvd)
Harrisburg	Holiday Inn (Eisenhower Blvd)
Harrisburg	Travel Lodge (Eisenhower Blvd)
Harrisburg	Econo Lodge (Eisenhower Blvd)
Harrisburg	Days Inn (N. Front St.)
Harrisburg	Econo Lodge (Enola)
Harrisburg	Crown Plaza (Downtown)
Harrisburg	Hilton (Downtown)
Harrisburg	Marriott (Eisenhower Blvd)
Harrisburg	Comfort Inn (Downtown)
Harrisburg	Shariton

Apartment Buildings

Harrisburg	Grayco

North Central Pennsylvania

Bars/Clubs

Sunbury	CCs
Williamsport	Club Z
State College	Chumley's
Altoona	Rumors
Altoona	Escapade

Shops

State College	George's Floral Boutique

Lehigh Valley, Pennsylvania

Bars/Clubs

Allentown	Stonewall
Allentown	Candida's
Bethlehem	Diamonz

Shops

Allowntown	Popmart

Community Service

Lehigh Valley's PGN	PA Diversity Network
Lehigh Valley	Takeover Lehigh Valley

Music, Art & Theater

Allentown	Lehigh Valley Men's Chorus

Spiritual

Allentown	MCCLV

North East Pennsylvania

Bars/Clubs

Wilkes-Barre	Twist
Moosic	12 Penny
EdwardsVille	Michael's Lounge

Community Service

Berwick	Caring Communities for AIDS
Kingston	Rainbow Alliance

Social

Wilkes-Barre	Pride of Northeast PA

West Maryland

Bars/Clubs

Boonsboro, MD	Deer Park Lodge

Music, Art & Theater

Hagerstown, MD	Maryland Theater

Restaurants/Coffee Shops

Hagerstown, MD	The Gourmet Goat

Shops

Hagerstown, MD	Rainbow Connection

Spiritual

Hagerstown, MD	New Light MCC

Social (distributed to above points)

Hagerstown, MD	Community Triangle
Hagerstown, MD	Hagerstown TGs
Martinsburg, MD	Out For Fun
Hagerstown, MD	Tini Lounge Happy Hours

Community Service (distributed to above points)

Hagerstown, MD	Positive Influence
Hagerstown, MD	Alcoholics Anonymous
Hagerstown, MD	New Image
Hagerstown, MD	Live and Let Live (AA)

Baltimore, Maryland

Bars/Clubs

Hippo
Grand Central
Baltimore Eagle
Leon's of Baltimore
Drinkery
Jay's on Read St.
Gallery Bar & Restaurant
Rowan Tree
Club Bunns
Club Orpheus
Quest
Coconuts Café
Blue Parrot
PW's Sports Bar & Grill
Phoenix

Social Services

Gay & Lesbian Community Center

Social Services

Gay & Lesbian Community Center

Hotels

Biltmore Suites
Admiral Fell Inn
Celies B&B
Peabody Court
Gramercy B&B

Restaurants / Coffee Shops

Mt Vernon Stable
City Café

Shops

Chained Desires

Central PA Womyn's Chorus Annual Pancake Breakfast and Indoor Rummage Sale!!!

Date: Saturday April 5, 2008
Time: 7:30am--11:30am
Place: Colonial Park United Church of Christ
Price: $5.00
Children under 10: $3.00

All you can eat pancakes; meat and non-meat sausages; famous fresh fruit bowl

Check out the great raffle items!!!! 6 tickets for $5.00

Call Cynthia Swanson at 564-0112 for more information

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Emerald Ball

Star-studded show with
Lady Chantalae
Naomi Diamond
Jazmine

Saturday, March 15 - 10 - 2
Showtime - 11:30

COMING SOON!
Babylon - April 5
Live from Pittsburgh!
Kierra Darshell & her All Male Revue - April 19
Cinco de Mayo & Glenda's Pride Show
May 3

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